

Welcome to CCC Junior Programs — 2018!



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Barracuda Cove

- What was previously known as our Kid's Club has now been revamped into Barracuda Cove.
- Purpose: Allow Adults attending events on the property to utilize the clubs resources without worrying about a sitter for the youngsters.
- Ages: bathroom trained to 12 (inquire about infants)
- Cost: Meals subject to menu pricing) Parents must remain on property and reservations required. Special club member events will be offered at no charge as part of event cost.
- Activities: Movies, Arts and Crafts, Board Games, outside activities and more!
- When: Barracuda Cove is available every Friday and Saturday from 5 pm-9 pm. (Unless otherwise scheduled). Mon-Friday 8 AM—12 PM
- Tuesdays there is free childcare and kids eat free! Available by reservation 5-9pm
- afternoon theme and physical activities and fun games for all ages
- Each camp will be unique and different from last one.
- Camp #1 (June 4th—8th)
- Camp #2 (June 11th—15th)
- Camp #3 (June 25th—29th)
- Camp #4 (July 9th—13th)
- Camp #5 (July 23rd—27th)
- Age: 5-12 (There are various activities for each age group)
- Each camp includes crafts and keepsakes to remember the memorable week together.
- Each week, campers will receive one lesson of golf, tennis, and swimming. (30 min)
- Lunch and a snack are provided each day.
- Our #1 goal for these camps and to educate, develop friendships, and of course, HAVE FUN!

Reservations to
kkovach@columbuscc.com

Kids Camps

- Our facility provides various themed camps June-July
- Each camp will include a tennis lesson, golf lesson, swim lesson, open swimming along with a special

- Barra "Cubs" - pre-school level (Age 3-5)
- Dolphins—Youth Beginner age (6-8)
- Barracuda—youth advanced age (8-12+)
- Reservations required

Parent Child Group Lessons (Age 6 mo—2 years)

- With parent to prepare for private lessons

Private Lessons...

- No Age requirement
- Available in half hour and full hour increments

Swim & Dive Team

Preseason Swim Practice (May 24th—June 11th)

- Pool Opens to membership—May 25th—Friday
- Level 1 (4-7 yr old) 4:15-5:00 PM
- Level 2 (7&8) 4:15—5:00 PM
- Level 3 (9-15 yr old) 5:00—6:00 PM
- Dive Pre Season 6-7PM

Swim Season Practice

- June 11th—July 17th
- Monday, Wed-Friday
- **Level 3** (9-15 yr) 8:30—9:45 AM
- Thursday 10:15-11:15 am
- **Level 2** (7&8) 9:45 –10:45 AM
- Thursday 8:30-9:30 am
- **Level 1** (4-7 yr)

- 9:45—10:30 AM
- Thursday 9:30-10:15 am

Dive Season Practice

- June 11th—July 17th
- Monday, Wed-Friday
- (10:45—12:00)

Barracuda Swim Meet Schedule (2018)

Tue. June 12th—Medallion (H)
 Tue, June 19th—Tartan Fields (A)
 Tue, June 26th—Kinsale (A)
 Mon, July 2nd—Jefferson (H)
 Tues, July 10—Wedgewood (H)
 Tues, July 17—Swim Dive Champ (Ohio State Univ.)

Golf

Junior Golf Academy 2018

- April 21 - Sept. 9th
- CCC will offer 3 levels of classes to develop jr golfers in 2018
- Ages 4-7 yrs (Level 1)
- Ages 8-11 yrs (Level 2)
- Ages 12-17 yrs (Level 3)
- Members can refer to Junior Academy packet for dates and times

Age 4-7 (Level 1)

- The platform of work in this program is to introduce Golf Specific and Fundamental Movement Skills and development activities needed for all Long-Term Athletic Development. This program is aimed at juniors between the ages of 4 & 7. The scheme of work is used for a class of 5 to 25 students for 60 minute lessons twice a week over an 18 week period. Please see the schedule for dates and times.

Age 8-11 (Level 2)

- The developmental phases of the program are based on four main components; Swing

Development, Playing Development, Health Development and Mental Development. With the collaboration of the Golf Academy Staff and the Athletic Mind Institute, achievements will be obtainable. The scheme of work is used for a class of 5 to 25 students for 60 minute lessons twice a week over an 18 week period. Please see the schedule for dates and times.

- First 10 clinics \$15 each
- Next 10 clinics \$10 each
- Final 8 clinics will be \$5 each
- Guests permitted for \$20 per clinic/class

Age 12-17 (Level 3)

- The developmental phases of the program are based on four main components; Swing Development, Playing Development, Health Development and Mental Development. With the collaboration of the Golf Academy Staff and the Athletic Mind Institute, achievements will be obtainable. The scheme of work is used for a class of 5 to 25 students for two hour lessons twice a week over an 18 week period. Please see the schedule for dates and times. Lessons are scheduled on weekends to allow for tournament play on weekdays

Tennis

Ages 4-6 “Quick Start/Little Tennis—Level 1”

Spring (May 7th—27th)

Saturday 11:00—11:45 AM

Summer (May 28th - Aug 12th)

Mon, Wed, Fri 11—11:45 AM

Thurs: 6-6:45 PM

Saturday 11:00—11:45 AM

Free Racket included (Red Balls)

Ages 7-8- “Quick Start/Level II” (Beginners and advanced beginners) (Orange Balls)

Spring (May 7th-27th)

Sat 11AM—12 PM

Sun 11 AM - 12 PM

Summer (May 28th - Aug 12th)

- Mon, Wed, Fri 11am-12pm
- Thur: 6-7pm
- Sat-Sun 11am-12pm

Free Racket included

Ages 9-12- “Quick Start/Level III” (Beginners and advanced beginners) (Orange/Green Dot Balls)

Spring (May 7th-27th)

Sat 12 PM — 1:15 PM

Sun 12 PM—1:15 PM

Summer (May 28th - Aug 12th)

- Mon, Wed, Fri 10:45am-12pm
- Thur: 6-7:15pm
- Sat-Sun 12 pm-1:15 pm

Fun for the entire family!





*“Where over
100 years of
rich history and
tradition have
evolved into a
contemporary
lifestyle
experience.”*



Junior High Performance

High Performance I (Ages 13-18) Intermediate-Advanced

Spring (May 7th—27th)

Fall (Aug 13th –Sept 30th)

- Sat –Sun 2:30 - 4:30PM

Summer (May 28th-Aug 12th)

- Mon 1-3 PM
- Tues 1-3 PM
- Wed 1-3 PM
- Wed 6:30-8 PM
- Thurs 1-3 PM
- Sat-Sun 2:30-4:30 PM

High Performance II

Ages 9-12 Intermediate & Team Player Development

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Spring (May 7th –27th)

Fall (Aug 13th—Sept 30th)

- Sat –Sun 1—2:30PM

Summer (May 28th-Aug 12th)

- Mon 1-2:30 PM
- Tues 1-2:30 PM
- Wed 1-2:30 PM
- Wed 6:30-8 PM
- Thurs 1-2:30 PM
- Sat-Sun 1-2:30 PM

Teen Player Development

Newer players 13-18 yrs—little to no experience

Spring (May 7th—27th)

Fall (Aug 13th –Sept 30th)

- Sat –Sun 2:30 - 4:30PM

Summer (May 28th-Aug 12th)

- Mon 1-3 PM
- Tues 1-3 PM
- Wed 1-3 PM
- Wed 6:30-8 PM
- Thurs 1-3 PM
- Sat-Sun 2:30-4:30 PM

CONTACT INFO

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